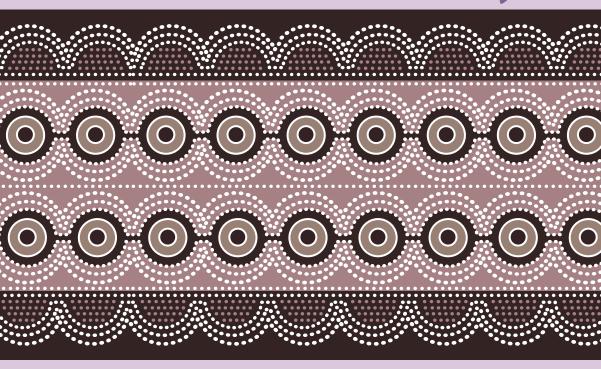


Aboriginal Services Directory



Home and Community Care For Bankstown, Fairfield and Liverpool

User Guide.....

Each service in this directory is available to a particular suburb or region. The symbols below are used to indicate the location for each service.

Services that are specifically for Aboriginal people are marked with a purple symbol. Services for the general community are shown with a black symbol.

Services	Aboriginal	General
Bankstown	B	B
Fairfield	F	
Liverpool		
Bankstown and Liverpool	BL	BL
Bankstown and Fairfield	BF	BF
Fairfield and Liverpool	FL	E
Bankstown, Fairfield and Liverpool	BFL	BFL

These service providers are abbreviated in the directory:

Department of Ageing, Disability and Home Care DADHC
Sydney South West Area Health Service SSWAHS

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Home and Community Care (HACC) Services...

Home and Community Care services are located in the community. The services provide support to older people, people with a disability, and people who care for them, as they live at home.

You may be able to receive HACC services:

- If you are a frail older person.
- If you are a person with a disability.
- If you care for a frail aged person or a person with a disability.
- and you live at home.

How HACC Services Can Assist

If you have a disability or are getting older, you may find that everyday tasks at home can often be difficult. HACC services can provide assistance so you can continue to live safely in your home rather than move into other accommodation, like a nursing home or hostel.

You may need services to assist you:

- If doing daily tasks, such as housework or looking after yourself, is becoming difficult.
- If you are a person with a disability and need support services to assist you to continue to live independently.
- If you care for a frail aged person or a person with a disability, and need some help in looking after them.
- If you are a frail older person or a person with a disability, you may need services to assist you after a recent illness or accident.

HACC Services Available

There are many types of services that can be provided:

- If you cannot cook for yourself, meals can be delivered to your home or you may receive them at a Day Centre. These services are called Food Services.
- A person can come to your home and assist you with housework such as cleaning, washing or shopping. This service is called **Home Help.**
- A person can come to your home and assist you with bathing and dressing. This is called **Personal Care**.
- Assistance can be provided to fix things in your home such as installing rails in your bathroom. This service is called **Home Modification and** Maintenance.
- A person can come to your home and assist in keeping lawns in a safe condition. This is called a Gardening or Lawn Mowing Service.
- Transport can be arranged for you to attend social activities or to go shopping, to a doctor or a hospital. This service is called **Community Transport.**
- A person can come to your home for a few hours and look after the person you care for, so that you can have a rest. This service is called Respite Care.
- You could also receive a rest when the person you care for attends a centre for social activities. This is called a **Day Centre**.
- Social activities, such as outings, are also provided, including group activities for younger people with a disability. These services are called Social Support Services.

If you are lonely and would like someone to visit you or take you shopping, this can be arranged. Home visiting is provided by volunteers and is called Volunteer Visiting. Volunteer visiting and shopping support are organised by services called **Neighbour Aid or Social Support Services.**

• If you need assistance from several services, an organisation can arrange this for you. This service is called **Community Options**.

- If you care for someone at home, you may also like to be part of a group to receive support and information. These services are called Carers' Support.
- If you care for someone who has problems with memory, memory loss, or "dementia", there are social activity and support groups they could attend while you have a rest. These services are called **Dementia Services**.

Health HACC Services Available

- Nurses can visit you in your home to provide general nursing care including wound management, medications, intravenous antibiotics, care of the terminally ill and personal hygiene. These services are called Community Community Nursing or Home Nursing Services.
- "Continence" Nurse advisers provide assessment and management of bladder and bowel control problems. These services are provided in clinics at Liverpool and Bankstown Hospitals. These services are called Continence Advisory Services.
- Other health services are also available in the community to assist you.
 These include:

Podiatry: This service can assist you if you have difficulty caring for your feet. **Speech Therapy:** This service can assist you with speech problems, including voice or hearing problems. It can also assist with eating, drinking and swallowing difficulties.

Physiotherapy: This service can assist you with movement and breathing problems, (e.g. back problems, limb movement).

Occupational Therapy: This service can help you to find safe ways of doing things which have become difficult for you due to a physical injury or illness, a disability, or as you are getting older.

Social Work: This service can provide you with counselling, support and practical assistance in organising the services you need.

How to Contact a Service

- You can contact the service yourself by telephone or visiting a service.
- You can ask a friend, a family member or your doctor to call the service on your behalf.
- You could also ask a community worker to contact a service for you.

What Happens When You Contact a Service?

- When you contact a service they will ask you for some details about yourself and what help you need.
- The service will make a time to speak with or meet with you at your home. They will discuss with you what you need and how they can help you. This is called an 'assessment'.
- At the assessment information is written down and a copy is left with you.

Client Information & Referral Record (CIARR)

- Every HACC service uses the same form to write down your information. This form is a Client Information and Referral Record (CIARR).
- You can give this information to other HACC services, your Doctor or your family. This will mean you are not asked the same questions again and again.

Comprehensive Assessment

If you have many needs a Comprehensive Assessment may benefit you.
 A Comprehensive Assessment will look at all your needs and the best way to help you. You can ask the service to arrange this for you.

Statistics

- In order to make HACC services work well, the funding department would like to know how services support people in their homes.
 This information is the Minimum Data Set. It does not include your name and address.
- HACC services must ask you if you agree to provide this information to the funding department. You can say no to this and still receive services.
- If you agree to provide this information and later change your mind, you can contact the service and tell them.

Your Information (Confidentiality)

Any information you tell a service about yourself will not be shared with other people without your permission.

How Much Will The Service Cost?

There are some costs to use most services. These costs will be explained when you first meet or talk with a service provider. Services will still be available if you are unable to pay.

What if I am Not Happy with the Service Provided?

It is important to inform the HACC service if you have any concerns with the service you receive.

Services to you will not be stopped if you complain.

If you are not happy that your complaints have been addressed you can:

- 1) Contact the Service Manager to discuss your concerns.
- 2) You can also contact:

The Community Services Division NSW Ombudsman Level 24, 580 George St. Sydney NSW 2000 Phone: 9286 1000

The Community Services Commission is a free and confidential service and can assist you with complaints or concerns you have about the service you are receiving.

3) For complaints regarding Health Services you can also contact the Health Care Complaints Commission.

Phone: 1800 043 159

Can Someone Else Speak on My Behalf?

Yes, you can ask a family member or friend to speak on your behalf. You can also contact the following organisations that have professional staff that may be able to assist you and speak on your behalf. This is called 'advocacy'.

Advocacy for People with a Disability

Disability Complaints Service

Phone **9319 6549**, TTY phone **9318 2138**

Commonwealth Carers Resource Centre

Phone 1800 242 636

You may also contact your Local State or Federal Member of Parliament.

What are My Rights?

- You have the right to complain or express your concerns about the service without fear of losing the service or suffering any other recriminations.
- You have the right to have your complaints dealt with fairly and promptly.
- You have the right to be represented by another person of your choice.
- You have the right to be informed about what services are available.
- You have the right to be assessed to receive services without discrimination.
- You have the right to receive services that are aware of your language and culture.
- You have the right to decide what services you want to receive. You may have to wait if the service cannot be provided to you immediately.
- You have the right to privacy and confidentiality. You can expect that no information will be provided to anyone else outside the service without your permission.
- You have the right to view or correct any information about yourself, held by the service.
- If your needs or circumstances change you can request a meeting with the service to discuss this.

What are My Responsibilities?

- You should act in a way that respects the rights of other consumers, service staff and volunteers.
- You need to take responsibility for any decisions you make.
- You should let the service know if you will not be home when a worker or volunteer is going to visit, or if you need to change an appointment time.
- You need to let service staff know if there are any changes in your health or circumstances, which may affect the services you need, or how the services are provided to you.
- Please feel free to ask any questions about the service your receive, and discuss any problems or issues that may affect you with the service provider.

For more Information or Assistance

You could contact the following organisations to speak to someone about services in your local area.

Commonwealth Carelink Centre (National Free Call) Phone 1800 052 222

A Commonwealth Carelink Centre provides information about community and aged care services in your local area, and how to contact them. When you ring this number, you will be connected to your local Carelink Centre. This service is free.

NSW Carer Respite Centres Phone: 1800 059 059

This centre can provide information and organise support for people who care for a frail aged person or a person with a disability.

Case Management and Advocacy.....

Advocacy Services

Aboriginal Access Worker | Bankstown Area Multicultural Network For frail aged people, people with a disability and carers of people with a disability.

9708 2818

BL

Aged Care Rights Services

For older people receiving in home support services or in residential aged care.

Manager Education & Promotional

9281 3600

BL

Carer Advocate | Carer Assist

For carers of people with a mental illness.

Team Leader

9879 2600



Disability Advocacy Service | Disability South West Inc

For people with a disability

9610 3727



Disability Information Line | *Information on Disability and Education Awareness Service*

A national toll free information service that supports self advocacy.

1800 029 904



People with Disability Australia

Individual, group and systemic advocacy for people with a disability.

1800 422 015



South West Sydney Carer Support Project | Catholic Care For frail aged people with a disability and their carers. 8778 4222



Behaviour Intervention

Support to identify and manage challenging behaviours.

Behaviour Intervention | *Macarthur Disability Services*For people with a disability who display challenging behaviours and have a primary significant intellectual disability. **4621 8400**



Dare to Aspire | *Allevia* Clinical support services. **97080277**



Case Management/Care Coordination

For people with complex needs, who may need many support services. Works with the person and their family to identify needs and establish goals; coordinates services and makes referrals; helps the person to develop and maintain links in the the community

Fairfield City Council
Community Project Officer (Indigenous).
9725 0123



Department of Community Services

Doreen Kelly, Aboriginal Case Worker.

9205 6000

E

Age Care Assessment Team | SSWAHS

Provides assessments at home, therapy and advisory services for frail older people.

9828 4868



Community Options | Catholic Care

Case management for frail aged, people with a disability and their carers.

8778 4222



Community Support Teams | Ageing Disability and Home Care

Case management, therapy and support for people who have an intellectual disability.

9334 3700



Brain Injury Rehabilitation Unit | SSWAHS Inpatient and community-based assessment, rehabilitation and

Inpatient and community-based assessment, rehabilitation and case management.

9828 5510



Case Management and Brokerage Program | Woodville Community Services For people over 12 years with a disability.

9743 9933



Case Management Program | Learning Links

For people 0-18 years with disability.

8783 7111



Extended Family Support | *Uniting Care Burnside*

Support for families who have a child with a disability and family breakdown.



Family Support | Northcott

For families of people with physical disabilities.

9890 0100

BFL

Intensive Family Support Options | *Uniting Care Burnside/ The Spastic Centre* Short term, in-home, intensive support service to families with a child with a disability.

4628 3199

BFL

South West Sydney HACC Carer Support Project | Catholic Care For carers of frail aged and people with a disability.

8778 4222

8

Aged Care Assessment Team (ACAT) | SSWAHS

Assessment and treatment of the frail aged. Referral to and coordination of appropriate community and residential services.

9722 7200

B

Community Options | Community Independent Support Services Case management for frail aged persons and younger people with moderate to severe/profound disabilities and their carers who have complex care needs.

9898 0000

В

Community Support Teams | ADHC

Case management, therapy and support for children who have an intellectual disability.

9334 3700

B

Local Support Coordination | ADHC

Assists people with disabilities to determine their own needs and to identify the supports that may be required to make a difference to their lives.

9334 3700

BL

Support Coordination Program for Older Parent Carers | *Anglicare* Support, information and respite for older parents who care for a son or daughter with a disability.

9728 0252

BL

Supported Living Case Management | *Uniting Care* Case management and brokerage for people with disabilities (18-65 years).

8752 3700

BL

Community Access

Provides opportunities for people to develop their individual potential so they can be more independent, be part of the community and enhance their quality of life. Generally for people with an intellectual disability.

Access Community Team | Catholic Care

People with a mild-moderate intellectual disability.

9612 3444

BFL

Accommodation Outreach | Uniting Care Supported Living

8752 3733

BFL

Aftercare Paterson Whitlam Support Service | Aftercare

For people with a mild-moderate intellectual disability (over 16 years).

9621 6545



Community Living | Wesley Mission

For school leavers with a disability (over 18 years).

9742 1444

BFL

Community Access Program | Headway

For people with an acquired brain injury who have issues as a result of the injury.

9790 0046

B

Personal Helpers and Mentors | *New Horizons*Provides living and social skills training, within a recovery framework, to people with a mental illness who are living in their own homes.

9825 9121

В

Comprehensive Assessment Services

Provides a holistic assessment for people with complex, multiple or high levels of need. Also links people to support services.

Aged Care Assessment Team | SSWAHS For frail older people **9828 4868**

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Aged Care Assessment Team | SSWAHS For frail older people 9722 7300

В

Community Options | Catholic Care For people with a Disability **8778 4222**

E

Community Options | Community Independent Support Services For people with a Disability 9898 0000

В

Community Support Team | ADHC For people with an Intellectual Disability **9334 3700**

BFL

Brain Injury Rehabilitation Unit | SSWAHS For adults with a traumatic brain injury 9828 5510

BFL

Information and Advocacy

Intellectual Disability Rights Service NSW (IDRS)

1800 666 611

BFL

NSW Council for Intellectually Disabled

9211 1611

BFL

People with Disability Australia

1800 422 015



Information or Referral

Aboriginal Access Worker | *Bankstown Access Multicultural Network* Provides support, information and advocacy to Aboriginal or Torres Strait Islander elders, people with a disability and carers to assist access to services.

9708 2818

 BFL

Department of Human Services - Community Services

Aboriginal Case Worker (Aboriginal Fostering Program)

9205 1602

B

Department of Human Services - Community Services

Aboriginal Community Project Officer.

9205 1567

В

Department of Human Services - Community Services

Aboriginal Case Worker

Liverpool City Council
Les Jenkins | Aboriginal Projects Officer
9821 7758

Liverpool City Council Aboriginal Advisory Committee
The Chairperson

9821 7758

Department of Human Services - Community Services (WSAAS and MACAAS)

Macarthur and Western Sydney Area Assistance Scheme.

Aboriginal and Torres Strait Islander Project Manager

9354 1644

BFL

Woodville Community Services

Information referral service for disabilities, child care and community development

9724 3807

BF

Mental Health Information Service

1300 794 991

BFL

National Carer Counselling Program

1800 242 636

BFL

National Disability Abuse and Neglect Hotline | People With Disability Australia Inc (PWD)

Telephone hotline for reporting abuse and neglect of people with disabilities.

1800 880 052

BFL

Nursing Home/Hostel Information and Liaison Service | SSWAHS Advice and information about Aged Care Facilities and Community Packages.

9828 4783

EL

Office of the Public Guardian **1800 451 510**

BFL

Seniors Information Service | ADHC

Provides information and referrals on accommodation, Centrelink, legal information, health services and education.

13 12 44

BFL

Disability Intake, Information and Referral | ADHC Information and referral to all service types for people with a disability and their carers, including respite, accommodation and support teams.

9334 3700

BFL

Stroke Recovery Association NSW Inc 9807 6422

BFL

South West Sydney Commonwealth Respite and Carelink Centre **1800 052 222**

BFL

Retirement Services | *Centrelink* **132 300**

BFL

Disability, Sickness and Carers | Centrelink

BFL

Social Work | *Centrelink* **131 794**

BFL

Commonwealth Carer Resource Centre

1800 242 636

BFL

Community Project Officer - Aged and Disability | Fairfield City Council Works with services to address the needs of older people, people with a disability and their carers in Fairfield.

9725 0132

U

Disability Information Service | *Disability South West Inc* Provides information, support and referrals for people with a disability and their carers.

9821 2811



Guardianship Tribunal

Appoints appropriate guardians for people with a disability (over 16 years).

1800 463 928



Dementia Helpline

1800 100 500



Nursing Home Hostel Information and Liaison Service | SSWAHS Advice and information about Aged Care Facilities and Community Packages.

9722 7219



Aged and Disability Worker | *Liverpool City Council* Supports and works in partnership with local aged and disability services and groups to identify and address the needs of older people, people with disability and their carers.



Early Education

Early Education

Fairfield Childrens Resource Centre
Aboriginal worker is available 2 days a week (Wednesday and Thursday).

Aboriginal Resource Coordinator

9724 2539

F

Liverpool West Cootagulla Pre School

Aboriginal Education Assistant,

9602 6595

Primary Schools

Bonnyrigg Primary School
Aboriginal Education Assistant

9610 1511

F

Ashcroft Primary School

Aboriginal Education Assistant

9607 6202

Busby Primary School

Aboriginal Education Assistant (AEA)

Curran Primary School Aboriginal Education Assistant 9605 4624	•
Guise Primary School Aboriginal Education Assistant 9605 4391	
Lurnea Primary School Aboriginal Education Assistant 9607 7002	•
High Schools	
James Meehan High Aboriginal Education Assistant 9605 4385	
Ashcroft High School Aboriginal Education Assistant 9607 6011	•
Tertiary Education	
Goolangullia Aboriginal Student Support Centre University of Western Sydney - Bankstown Campus Offers support to students undertaking courses at the University. Senior Lecturer (School of Education and Early Childhood Studies) 9772 6194	В

University of Western Sydney - Bankstown Campus Student Support Officer

Aboriginal Education Unit | Miller College South Western Sydney Institute of TAFE

Merv Donovan | Aboriginal Development Officer Lou Davis | Regional Aborigional Co-ordinator 8784 3000



General Education

Department of Education and Training

Includes a support program for schools to help Aboriginal children with literacy, numeracy and attendance. This service also assists schools with funding and supplying information on Aboriginal culture.

Aboriginal Education Consultant Aboriginal Community Liaison Officer Aboriginal Community Liaison Officer Aboriginal Student Liaison Officer **9203 9900**



Bankstown/Fairfield Local Aboriginal Education Consultantive Group (AECG)

The AECG can provide information on all matters relating to
Aboriginal education for schools, parents and teachers these include
Aboriginal Studies, Resources, Departmental contacts, and Mil-Pra
AECG hold an annual Aboriginal Exhibition and Art Award.

President Mil-Pra

9773 9760

Secretary Mil-Pra



Employment

Indigenous

Community Development Employment Program (CDEP) | Gandangara Local Aboriginal Land Council

Enables Aboriginal and Torres Strait Islander people to take control of their own communities' economic and social development and to provide employment.

CDEP Coordinator

8783 7844

GROW Employment Council
Indigenous Employment Project Manager
9890 7804



Yakkahire

Indigenous Employment Consultant **4722 2596**



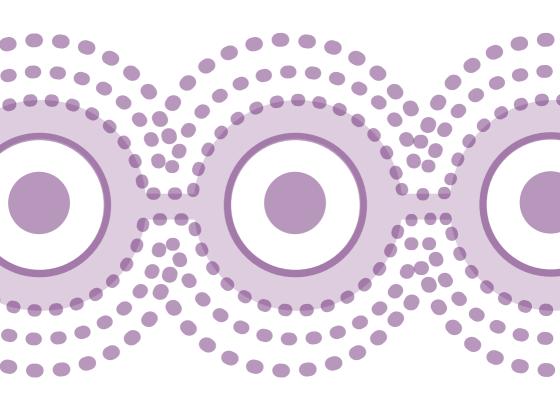
People with Disabilities

Open employment programs assist people with an intellectual disability to obtain employment in the general workforce.

Direct Employment Catholic Care Bankstown: 9784 4333 Liverpool: 9612 3444 Fairfeild: 9727 7077	B [
North West Personnel <i>Ability Options</i> 9723 3577	
Break Thru Employment Solutions 8778 6000	
Break Thru Employment Solutions 8700 1400	В
Disability Services Australia For people with a psychiatric disability. 1300 372 121	G
Australian Foundation for Disability (AFFORD) 8784 2900	BFL
Catholic Care Industries 9759 6966	BFL
Disability Services Australia 1300 372 121	BFL
Hoxton Industries 9607 6159	
Pre-vocational Service New Horizons Based on operating a catering business and coffee shop. For people with a psychiatric disability. 9825 9121	BFL

CRS Australia 9205 4300	B
Wesley Life Skills 9804 5242	В
121 Employment <i>Disability Services Australia</i> For people with a psychiatric disability. 1300 372 121	BL
Individual Supported Jobs Program <i>The Spastic Centre</i> For adults with a physical disability.	_

1300 888 378



Health Services ...

48 Hour Follow-up Contact Person in Area Health Service

Sydney West Area Health Service
Dominic Dawson, Director Integrated Health, 9881 7508
Project Lead
9828 6941



Area Health Service Project Leads

Sydney West Area Health Service
Area Manager of Aboriginal Health
9881 1670
Deputy Director Programs



BFL

Aboriginal Chronic Care Program / Walgan Tilly Project | SSWAHS Dietitian

9828 6773



Justice Health

Coordinator Aboriginal Chronic Care

4993 2354

Service Director Primary Health

9700 3216

BFL

Area Managers Aboriginal Health

Sydney West Area Health Service
Project Lead
9881 1670
Area Director Aboriginal Health

BFL

Chronic Care Contact Person in Area Health Service

Population Health Unit, Nepean Hospital | Sydney West Area Health Service

4734 3320

9612 0701

BFL

Complex Care | SSWAHS Clinical Manager 9828 4173

BFL

Early Childhood Intervention

Community Support Teams | ADHC Case management, therapy and support for children who have an intellectual disability.

9334 3700

BFL

Children's Services | *The Spastic Centre* Support and therapy for children with Cerebral Palsy. **1300 888 378**



Early Start | Learning Links Linking people to mainstream services and community supports/activities. For children 0-6 with a development delay or disability.

BFL

Early Start: Post Diagnosis Support | Learning Links

Time-limited intervention and support to families until ongoing support is provided by a specialist or mainstream children's service.

8568 8200

BFL

Parenting and Life Skills Group | Catholic Care

Group work program aimed at parents who have low levels of parenting skills.

9822 9855

FL

Tiny Tots Playgroups | Share Care

For children 0-5 years with a disability to develop appropriate play skills & peer support for families.

9734 9888

Œ

Therapy Transition to School | Northcott

Intensive therapy for children with developmental delay or disability who will attend mainstream school in the following year.

4625 1061

BFL

Child Development Service | SSWAHS

Case management, assessment, therapy and support for families of children with mild physical, developmental and/or learning difficulties from 0-12 years and children whose primary disability is mild to moderate physical disability up to 18 years.

9780 2777

В

My Plan, My Choice: Early Start | *Ability Options*Individualised packaged support for children (0-6 years)

Individualised packaged support for children (0-6 years) with a developmental delay or disability.

8811 1777

 $|\mathsf{BL}|$

Miller Community Preschool and Early Intervention | *Mission Australia* Inclusive preschool program for children 3-5 years with special needs. Early intervention groups for children 0-5 years with special needs.

9607 6854

BL

School-Aged Therapy | Northcott

Therapy for school-aged persons who have been on waiting lists and have not been able to access a service.

8778 2307

B

Speech Pathology | Bankstown Community Resource Group Inc Information, resources, training, programming ideas and support for children aged 0-6 attending a children's service. 9791 0632

B

Wattle Playgroup | Catholic Care

A supported playgroup for mothers and their children (0-6 years) with moderate to severe disabilities and their siblings.

9822 9855

B

Sydney South West Area Health Service

Referral and Information Centre (RIC)

Main contact point for Aged Care and Rehabilitation service in the Central Cluster of SSWAHS. It provides information and advice about Community Aged Care and Rehabilitation services based in Bankstown, Liverpool and Fairfield and accepts referrals.

1800 455 511

BFL

Aged Care Assessment Teams

9828 4868

FL

Cabramatta Community Health Centre

8717 4000

B

Community Health Nurses

Provides a range of general community nursing services including home nursing, health promotion, wound care, transition hospital to home, referrals.

8717 4009

B

Fairfield Community Health Centre 9794 1700	G
Fairfield Hospital Discharge Planner 9616 8111	G
Liverpool Hospital High Risk Foot Clinic 9828 4388	BFL
Nutrition Links A home-visiting nutrition service providing nutritional assessment and advice to frail aged, people with a disability and their carers. 9780 2837	BFL
Oral Health Intake and Information Service Pensioner or Health Care Card holders only. 1300 559 393	
Podiatry 9616 8324	•
Podiatry 9722 7300	B
Prairiewood Community Health Centre 9616 8169	•
Prairiewood Physical Disability Team Therapy for school-aged persons with a disability. 9616 8031	•
Bankstown Community Health Centre 9780 2777	В
Bankstown Community Mental Health 9722 7200	В

Bankstown Community Nursing Care Service Provides a range of general community nursing services including home nursing, health promotion, wound care, transition to home, referrals, education to clients and carers and liasing with other	
allied health. 8760 1300	В
Bankstown Generalist Allied Health 9722 7200	B
Bankstown Hospital Discharge Planner 9722 8000	B
Bankstown Hospital Social Work 9722 8000	B
Community Health Nurses Provides a range of general community nursing services including home nursing, health promotion, wound care, transition to home, referrals. 9827 2222	
Community Rehabilitation Service 9828 4701	
Liverpool Community Adult Occupational Therapist 9828 4701	
Liverpool Community Health Centre 9828 4844	
Liverpool Community Mental Health Team 9616 4354	
Liverpool Hospital Discharge Planner 9616 4707	

Liverpool Hospital Outpatient Physiotherapy 9828 4703	
Liverpool Hospital Social Work Department 9828 6716	
Hospitals	
Compack Catholic Care Short term case management and post-discharge support. 8778 4222	
Bankstown Hospital New South Wales State Government 9722 8996	8
Compack Community Independence Support Services Short term case management and post discharge support for people discharged from hospital and referred by discharge planner. 9769 4688	В
Bankstown-Lidcombe Hospital 9722 8000	B
Liverpool Hospital 9828 3000	
Braeside Hospital (Rehabilitation) 9616 8600	
M · III III C ·	

Mental Health Services

Adolescent Mental Health **8717 1700**

EL

Fairfield Community Mental Health Team | SSWAHS Assessment, case management and crisis intervention for people with a mental health problem.

9794 1714

8

Liverpool/Fairfield Aged Care Psychiatry Service | SSWAHS Inpatient unit: assessment, medication support, behavioural management, support placement in residential care. Community Tram: provide assessment in people's homes/nursing homes, provide advice on behaviour management, carer support and referral.

FL

9616 8600

Housing Accommodation and Support Initiative (HASI) Accommodation and support services for people with psychiatric disability.

Neami

9822 8088

New Horizons **8784 3777**

BFL

Liverpool/Fairfield Therapy and Recovery Service | SSWAHS Promotes personal growth and enables people to have an active life. For adults with a mental illness.

FL

9794 1997

Bankstown Community Mental Health Team | SSWAHS Provides assessment, treatment, case management and rehabilitation to people in Bankstown LGA experiencing mental health problems.

B

9780 2777

В

Bankstown Aged Care Psychiatry Community Team | SSWAHS Assessment, case management and advocacy for people with mental health problems of the elderly e.g. Dementia and depression. **9722 7300**

Personal Helpers and Mentors | New Horizons

Provides living and social skills training, within a recovery framework, to people with a mental illness who are living in their own homes.

9825 9121

Liverpool Community Mental Health Team | SSWAHS

Assessment, case management and crisis intervention for people with a mental health problem.

1300 787 799

B

Liverpool Mental Health Leisure Club | SSWAHS

Provides socialisation, leisure and recreational activities for adults (16-65 years) with a mental illness.

9601 1616



General Health

Marumali Health Services | Aboriginal Health Service

9602 9677



114 Family Practice | Aboriginal Health Service

114 Moore St Liverpool

9601 0700



Bankstown Community Health Centre

Health Promotions Officer



9780 2850

Aboriginal and Torres Strait Islander (Social and Emotional Wellbeing)

9780 2851 / 9780 2854

Liverpool Community Health Service Team

Provides a general health service and advice to the Aboriginal community in the Liverpool, Bankstown and Fairfield areas.

Aboriginal Services Manager

Aboriginal Liaison Officer | Liverpool Hospital



Fairfield/Liverpool Youth Health Team (FLYHT) FLYHT is a youth service for young people aged 12-20 who live in the Fairfield and Liverpool local Government area. Youth Health Education Worker (Aboriginal) 8717 1717	6
Fairfield Community Health Centre Generalist Health Promotions Officer (AST) 9794 1713	G
SWSAHS Drug Health Services Aboriginal Liaison Officer 9616 8871	•
Liverpool Women's Health Centre 9601 3555	•
George Street Health Centre Aboriginal Child and Family Mental Health Worker 8778 0713	
Commonwealth Rehabilitation Service Aboriginal Rehabilitation Liaison Officer 9242 4853	BFL
Aboriginal and Torres Strait Islander Access Line Health Insurance Commission (Medicare) 1800 556 955	BFL
Medicare rebates for allied health services <i>Medicare Australia</i> Information on Medicare rebates for Aboriginal patients of allied health services 132 011	BFL

Medicare dental benefits | *Medicare Australia* **132 011**



Fairfield/Liverpool Youth Health Team (FLYHT)

Youth Health Outreach Worker

8717 1717



Clinical Service Redesign Staff

SSWAHS

Clinical Redesign Unit

9845 6611

BFL

SSWAHS

Director

9828 6954

BFL

Liverpool Community Health Service Team

Vascular Health Project

Drug and Alcohol Officer

Men's Health Education Officer

Mental Health Worker

Sexual Health Worker

Children's Health Worker

Corella Lodge

Elders (Hoxton Park) | 9616 8871

9828 6941

BFL

Executive Sponsors

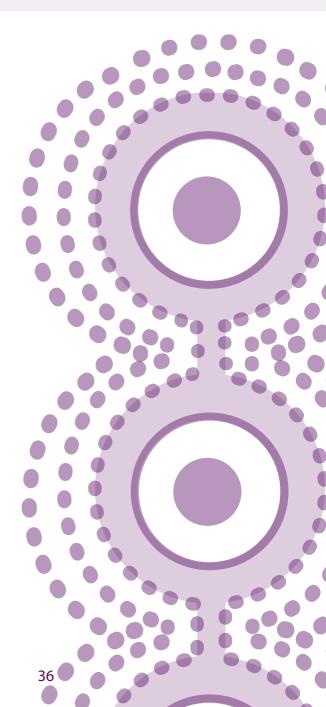
Sydney West Area Health Service

Director Population, Health and Strategic Direction

4734 1877

BFL





Home and Community Care...

Dementia Support (Also see Day Programs and Respite)

Dementia Advisory Service | SSWAHS Information, education and support for people with dementia, their carers and other service providers.

9828 4551

BFL

Dementia Home Support | Catholic Care Flexible support for people with dementia and their carers. 8778 4222

FL

Dementia Meal Monitoring Program | Catholic Care Assisting people with dementia to maintain their nutrition. 8778 4222

FI

Liverpool/Fairfield Aged Care Psychiatry Service | SSWAHS Assessment, medication, support, behavioural management, assisting families with planning and support placement in residential care.

EL

9616 8600

South West Sydney Dementia Education and Training for Carers Project | *Anglicare*

Connects carers of people with dementia with information, education/training, resources and support.

Dementia Coordinator

9728 0290

BFL

Bankstown Aged Care Psychiatry Community Team | SSWAHS Information, education and support for people with dementia, their carers and other service providers.

9722 7300

B

Bankstown Drop-in Support Centre | Bankstown Dementia Carers Group Inc

Provides an opportunity for carers to meet regularly with other carers and former carers for companionship and a light lunch. Carers are most welcome to bring along the person for whom they provide care.

Secretary

9707 3886

B

Dementia In-Home Support | *Diverse Community Care*Domestic assistance or social support for people with dementia and low support needs. Priority given to persons living alone and /or with a non-resident carer.

9898 0000

B

Dementia Social Support | *Diverse Community Care*Promote and support people with dementia to maintain their indepedence and living at home at home as long as possible.

9898 0000

R

Equipment

Program of Appliances for Disabled People (PADP) | SSWAHS Provides equipment on long-term loan e.g. wheelchairs, oxygen. Also subsidises continence aids. Requires assessment for eligibility e.g. OT, Physio, RN. Office is open Mon-Fri mornings. 9828 4691

F

Program of Appliances for Disabled People (PADP) | SSWAHS Provides equipment on long-term loan e.g. Wheelchairs, oxygen to pensioners or people on low incomes. Requires an Occupational Therapy assessment for eligibility.

Coordinator

9722 7263

B

Independent Living Centre | Independent Living Centre NSW

Provides information and advisory services and array of appliances to assist people with a disability. Keeps a registry of 2nd hand equipment.

1300 885 886



Food Services

Multicultural Food Options | Fairfield Food Services Culturally appropriate meals home-delivered. Food can also be provided at centre-based group activities.

Executive Officer

9728 6939



Dementia Meal Monitoring Program | Catholic Care

Prompting and assisting people with dementia to maintain their nutrition.

8778 4222



Villawood Senior Citizens Centre

Provides social support, centre-based meals (Monday - Friday) and activities.

9726 3616



Bankstown City Food Service | Bankstown City Council

Hot meals Monday to Friday. Frozen meals for weekends.

Other services include breakfast and snack program.

Meals on Wheels Coordinator



Dementia Social Support | Diverse Community Care Promote and support people with dementia to maintain their indepedence and living at home at home as long as possible. 9898 0000

B

City of Liverpool Meals on Wheels Inc

Provides hot, frozen or chilled meals to a persons's home up to 5 days per week. Frozen meals for weekends. Also diabetic, low cholesterol. **9821 9393**



Tender Loving Cuisine

Delivery of minimum 7 frozen meals. Delivered in the South-Western region on Thursday, orders must be placed by Wednesday 12pm. **1800 801 200**



Home Help

Housework, laundry, shopping, meal preparation and personal care.

Warambucca Aboriginal Home Care Service | *ADHC*For people of Aboriginal and Torres Strait Islander background.
Service Coordinator
1300 797 606



Aboriginal Home Care Service | *Aboriginal Access and Assessment Team* Helps Aboriginal people with a disability, older people and their carers to live independently in their own homes.

Team Leader

1300 797 606



Commonwealth Carelink Centre

Information on organisations for housework or personal care.

1800 052 222



Home Care Services <i>ADHC</i> 9793 0900	BFL
General and NESB (Non-English Speaking Background)Dome Assistance <i>Baptist Community Services</i> 9783 6555	estic BFL
General and NESB Domestic Assistance <i>Kincare</i> 1300 733 510	BFL
South West Sydney Personal Care <i>Baptist Community Service</i> Intake Coordinator 9783 6555	BFL
Personal Care <i>Kincare</i> 1300 733 510	BFL
Veterans Home Care Department of Veterans Affairs 1300 550 450	
Attendant Care Program ADHC Up to 34 hours per week of personal care for people with phydisabilities who can manage their own care. Program Manager 9374 3612	ysical BFL
Clean Up Program <i>Catholic Care</i> Can provide one-off clutter removal and general cleaning. Clean up coordinator 8778 4222	
Clean Up Program <i>Diverse Community Care</i> Can provide one-off clutter removal and general cleaning. Will assist to reduce risk of falls, maintain a healthy environm	ent.

High Needs Pool | ADHC Personal care, home help and respite care. Program Manager **9374 3612**

BFL

Support at Home | *Diverse Community Care*Domestic assistance those living alone who need a low level of support

В

Personal Care | Southern Cross Community Healthcare

1800 989 000

9898 0000



Home Modification and Maintenance

Bankstown Home Modification and Maintenance Service | Baptist Community Services

Modifications to bathrooms, installation of handrails and ramps. Maintenance jobs including repairs to locks, changing light globes, etc. Intake Coordinator

9783 6555



Fairfield Area Home Modification, Maintenance and Multicultural Outreach Service (FAHMOS) | Cabramatta Community Centre Mod work includes ramps, rails, hand showers, grab rails, changes to bathrooms etc. Must have Occupational Therapy assessment for modification work.

9607 2844



Liverpool Home Modification and Maintenance | *ADHC* Mod work includes ramps, rails, hand showers, grab rails, changes to bathrooms etc. Must have Occupational Therapy assessment for modification work.



Nursing Home Level of Care at Home: Extended Aged Care at Home (EACH) Packages

Catholic Care

Dementia and General EACH packages.

8778 4222

BFL

Hostel Level of Care at Home: Community Aged Care Packages (CACPs)

SSWAHS

Provides a package of support services based on individual needs, to frail aged people at hostel level of care. Assessment by Aged Care Assessment Team required to access packages.

9828 5700

FL

Catholic Care

8778 4222

BFL

Hammond Care

1300 426 666

BFL

Kin Care

1300 733 510

BFL

Baptist Community Services

9783 6555

BFL

Bankstown City Aged Care

8717 0180

В

Blue Hills Village

Housing

Housing New South Wales	
SCSO (Aboriginal Specialist) 4629 3222	FL
Housing New South Wales 8713 4600	В
South West Women's Housing Case Worker 9821 3173	•
Metro South Regional Accommodation Placement ADHC Provides supported accommodation for people with disabilities in crisis. 9334 3700	BFL
Assistance with Care and Housing for the Aged Catholic Care Provides advocacy to housing and support services and short	

Assistance with Care and Housing for the Aged | Catholic Care Provides advocacy to housing and support services and short and long term case management. Housing Officer

8778 4222

Homeless Persons Information Centre | City of Sydney Telephone information and referral service for those who are homeless.

1800 234 566

BFL

BFL

Lawnmowing

Gandangara Lawn Mowing | Gangangara Local Aboriginal Land Council

9602 5280

BFL

Lawn Mowing Service | ADHC

Subsidised lawn mowing and some low level garden maintenance.

4633 2122



South West Sydney Gardening and Lawn Mowing Service | Baptist Community Services

Gardening to make home and yard safe and lawn mowing.

Intake Coordinator

9783 6555



General Services

KARI Aboriginal Resources Inc

Chief Executive Officer

8782 0300



KARI Aboriginal Resources Inc

Manager (Enrichment Program)

Project Officer (Enrichment Program)

Manager Accounts

Manager (Out of Home Care)

8782 0300



Warrambucca Aboriginal Access Program

(Thursday and Friday).

HACC Access Officer

97930 900



Multicultural Community Care Services (MCCS)



Respite and Carer Support.....

A break for the carer from their normal caring responsibilities whilst also providing recreational/social opportunities for the frail aged person or person with a disability.

Culturally Appropriate Respite

Aboriginal Flexible Respite | *Aboriginal Home Care* Flexible respite for carers of frail aged and people with a disability of Aboriginal and Torres Strait Islander background.

Team Leader

1300 797 606



General Respite & Support

Marumali Health Services | *Aboriginal Health Service* **9602 9677**



AFFORD Respite and Carer Support | Australian Foundation for Disability (AFFORD)

Planned, short time-limited break for carers of adults with a disability Respite Coordinator



South West Sydney Commonwealth Respite and Carelink Care | Anglicare Information, advice and support about respite options.

Also provides emergency and short-term respite.

Commonwealth Respite Coordinator

1800 052 222

BFL

HACC Respite South West Sydney | *Kincare*Respite for carers of people with disabilities and frail aged.

1300 733 510



HACC South West Sydney Respite Options | *Baptist Community Services* Planned in-home respite for carers of frail aged and people with disabilities from two years old.

9783 6555



Home Care Services | ADHC

Respite for carers of people with disabilities and frail aged.

0973 0900



Respite for Employed Carers and Services | *Hammond Care* For carers of frail aged people who want to study or work. **1301 426 666**



South West Sydney Young Carers Program | Anglicare Supports young carers while they are doing their secondary education by giving them regular breaks from their caring role. Young Carer Project Worker 1800 052 222



Emergency Respite

South West Sydney Commonwealth Respite Centre | Anglicare Information, advice and support about respite options available to carers. Also provides emergency and short term respite. Commonwealth Respite Coordinator

1800 052 222



South West Sydney Emergency Respite | Catholic Care 24/7 emergency respite for carers of the frail aged and younger people with disabilities 8778 4222

BF

Overnight Respite

Centre Based Overnight Respite | ADHC Provides centre based respite for children (+ 7 years) who have an intellectual disability. 9334 3700

BFL

JJJ-1 J7 00

Overnight Respite Cottage Program | Carrington Centennial Care Ltd. Overnight respite for carers of frail aged or people with dementia. Respite Coordinator

4659 0335

BFL

Dementia Respite

Dementia Respite Service | *Hammond care*People with dementia and carers of people with dementia.

1305 426 666

BFL

Reslink | SSWAHS

Respite for carers of people with challenging behaviour due to dementia. Coordinator

4654 6157



Disability Respite

Flexible Respite | Northcott For people with disabilities.

8778 2307

BFL

Stronger Together Flexible Respite | Catholic Care Flexible respite for people with disabilities. **8778 4222**

BFL

South West Sydney Mental Health/Disability Respite | Anglicare For carers 55 years and over with mental illness, intellectual disability and autism.

Mental Health Coordinator

BFL

Disability Respite for Ageing Carers

1800 052 222

9734 9888

Community Connect Respite | ADHC Flexible respite for adults with disabilities, living with ageing carers. **9707 5290**

BFL

Flexible Respite Ageing Carers Project | ADHC Respite for ageing carers (+ 65 years). 9334 3700

BFL

Older Carers Flexible Respite | House with No Steps Flexible respite opportunities for older parent carers (+ 65 years). Senior Project Coordinator 0424 006 307

BFL

Respite for Older Carers | Share Care Provides respite for carers who care for a child with a disability between 0-25. Intake Officer

a

Respite for Older Carers Program | The Disability Trust Respite for older carers of people with a disability.

BFL

Respite for Older Carers South West Sydney | Northcott Provides respite for carers over 60 years who care for a child with severe to profound disability 25 years and over.

8778 2307

BL

Disability Respite 0-18 yrs only

Flexible Respite | Share Care

Flexible respite carers of children with intellectual disabilities 5-18 years.

Intake Officer **9734 9888**

BFL

Flexible Respite | Catholic Care

For people with disabilities.

9793 7522

BFL

Flexible Respite | YMCA

Out of school hours programs for children 5-12 with a disability.

Flexible Respite Coordinator

9771 6033

BFL

Peer Support | Share Care

Respite for carers of children with a disability by volunteer families, 5-25 year. Low to moderate support needs on weekends

Intake Officer

9734 9888

Respite Options | Share Care

For carers of children with moderate - severe disabilities.

Intake Officer

9734 9888

EL

Teen Time | Share Care After school and vacation support for secondary students (12-18 years) with an intellectual disability. Intake Officer 9734 9888 Bankstown Afternoon Respite | Chester Hill Neighbourhood Centre After school and vacation care program to integrate children with mild to moderate disabilities into mainstream Out Of School Hours. B 9743 8089 Flexible Children's Respite Options | Creating Links In-home respite and one-to-one flexible support for carers of children aged 0-18 with intellectual/developmental disabilities with high support needs and/or challenging behaviours. Assistant Co-ordinator for Out Of School Hours B 8713 7700 Peer Support | Allevia Children who have a disability, aged 6 to 18 years. **Peer Support Coordinator** 9708 0277 Youth Group | Allevia Children who have a disability, aged 6 to 18 years, who live in the Bankstown I GA. Peer Support, Coordinator 9708 0277

After School Care | Share Care After school care from 3-6pm held at Broderick Gillawarna **Primary School** Intake Officer 9734 9888

Disability Respite 18-64 yrs only

Respite and Carer Support | Australian Foundation for Disability (AFFORD) Planned, short time-limited breaks for carers of adults with a disability.

Respite Coordinator

9833 3466

BF

Brain Injury Respite Program | *Disability South West Inc* Community based day programs and respite for adults with acquired brain injury.

Program Coordinator **9821 2811**

BFL

Manadala Recreation Program | *Disability South West Inc* Programs for adults with a moderate - severe disability. **9821 2811**

E

Peer Support | *Disability South West Inc*Respite / Social activities for adults with an intellectual disability. **9610 3727**

FL

Respite Options | Catholic Care
Carers of adults with moderate to severe intellectual disability
from 18 years.
8778 4222

F

Young Adults Group | *Allevia*People who have a disability, aged 18+ years.
Peer Support Coordinator
9790 0023

B

Carer Support

Aged Care Assessment Team Carer's Support Group | SSWAHS For people who are considering placement for the person they care for or who have already placed a loved one in a residential aged care facility.

9828 4783

FL

South West Sydney HACC Carer Support Project | Catholic Care Provides individual support for carers of frail aged and people with a disability including advocacy, information and referral. Provides information on carer support groups.

8778 4222



Carer Advocate | Carer Assist (Schizophrenia Fellowship)

Provides individual support for carers of people with a mental illness including advocacy, information, education and referral. Team Leader

9750 9744



National Carer Counselling Program | Carers NSW

Provides short term counselling.

1800 242 636



Lurnea Carer Support Group | Catholic Care

Self help and support. Provides training and social outings.

Free respite and transport available to attend group.

Carer Support Coordinator

8778 4222



South West and Inner West Disability Carer Support Group | Catholic Care

Bi monthly support group with social outings and support for carers.

Free respite and transport available to attend group.

Carer Support Coordinator

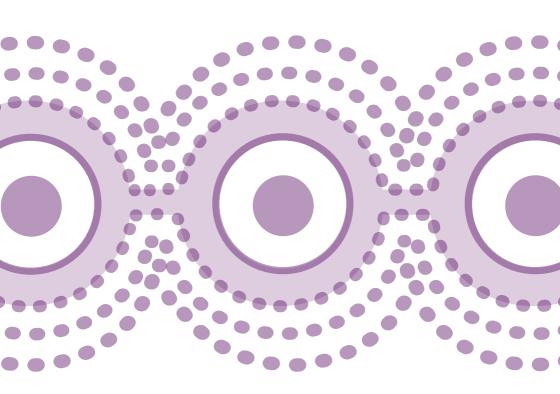


South West Sydney HACC Carer Support Project Catholic Care Provides individual support for carers of frail aged and people with a disability including advocacy, information and referral. Provides information on carer support groups. 8778 4222	BL
South West Sydney Carer Support Project Catholic Care Provides individual support for carers from a non-English speaking background of frail aged and people with a disability including advocacy, information and referral. Provides information on carer support groups. Carer Support Coordinator 8778 4279	В
Dementia Carer Support Groups Catholic Care Principle of self help and support. Also provides training and social outings. Free respite and transport available to attend group. When referring, ask for carer support worker. Carer Support Coordinator 8778 4222	BL
Home Care Services <i>ADHC</i> Respite for carers of people with disabilities and frail aged. 1300 797 606	BFL
South West Sydney Multicultural HACC Carer Support <i>ADHC</i> Provides individual support to carers of frail aged and people with a disability of a non-English speaking background. 9790 0400	•
Senior Citizens' Centres	
Cabra-Vale Senior Citizens Centre 9728 4449	3



Villawood Senior Citizens Centre Coordinator **9726 3616**





Social Support.....

Senior Citizen's Centres

Offer a meeting place for seniors activities and are available for hire. To book phone Council's Facility Booking Officer 9707 9537.

Bankstown Meals on Wheels Coordinator 9796 7779	В
Chester Hill	
9738 5443	B
Condell Park 9707 9537	В
Georges Hall 9726 3503	B
Greenacre 9750 5870	В
Padstow 9774 2736	В
Panania 9773 5499	B

Punchbowl 9750 0061 Villawood 9726 3616

B

B

B

Yagoona

9709 4931

Day Programs for Frail Older People

Provides opportunity for socialisation, activities, outings incl. transport and lunch.

Aboriginal Day Care | SSWAHS

Day care for people of Aboriginal and Torres Strait Islander background.

Hoxton Park (Tues and Wed).

Coordinator

9827 2222

FL

Bankstown Elders

(Wed)

9796 2931

В

Bankstown Aboriginal Elders Group | Alleena Home Care Service Day care for elders and people with a disability of Aboroiginal and Torres Strait Islander background. Meets Tuesday and

Wednesday at Condell Park.

Coordinator

9245 1822



Hammond Care Day Centre | Hammond Care Day care for frail aged.

1303 426 666



Aimee's Place | SSWAHS For people with dementia. Coordinator 9725 6754 Bankstown Caring Centre | Uniting Care Centre - based day care. Dementia on Fridays, general group on Thursdays. Commuity caer maager 8700 0791 Hammond Care Day Centre -South West Sydney Dementia Day care | Hammond Care Centrebased day care and transport for older people with dementia. 1304 426 666 Chester Hill RSL Aged Day Care Transport provided for residents of Chester Hill, Bass Hill and Villawood. Need to be able to do own self care tasks such as toileting. Coordinator В 9724 2885 Frail Aged Day Care | SSWAHS Day care for the frail aged. B 9731 0199 UnitingCare Ageing South Eastern Region Frail aged from a non-English speaking background with dementia. BL 9570 6642 Betty Sussman Centre | Bankstown City Aged Care Day care for people with dementia, transport facilities along with support meetings bi-monthly for respite carers.

B

Manager

Lurnea Day Activity Centre | SSWAHS

9608 2285

Liverpool Dementia Day Centre | Anglicare
Centre based day care and transport for older people with dementia.
Lifestyle and Leisure Coordinator

9608 3911

Day Programs for People with a Disability

Transition to Work (TTW): assists school leavers to enter the work force. Community Participation Program (CPP): assists & encourages access to general community facilities & to develop skills that maximise independence in all areas of life. Individuals may be required to organise their own transport to & from the centre. Participants need to be referred to & assessed by ADHC for CPP & TTW, who will then refer on directly to the approved organisation.

CP/TTW ADHC Information/ Referral line | ADHC

1800 761 030



Independent Living Training and Day Program | *Disability South West Inc* For adults with a moderate-severe intellectual disability.

9610 3727



Allevia

9708 0277



The Junction Works

Day programs and case management for people with a disability.

9606 9628



Australian Foundation for Disability (AFFORD)



Chester Hill Neighbourhood Centre	6
9645 3700	В
The Spastic Centre 1300 888 378	BL
Wesley Mission 9804 5242	BL
Indigenous Forums	
Koori Interagency Indigenious Services Officer 0421 914 063	F
Bankstown Koori Interagency	
9780 2750	В
Social Support and Recreation	
Accessible Arts Supporting people with disabilities who want to become professional artists. 9251 6499	BFL
Disability Integrated Recreation Program YMCA Recreation/social activities for adults with a disability.	

Disability Integrated Recreation Program Coordinator

Fairfield Libraries Housebound Readers Service | Fairfield City Council Delivers to residents with disability. Large print, audio books, videos, DVDs and magazines.

Housebound Officer

9725 0363

E

Prairiewood Leisure Centre

Healthy lifestyle program for over 50's, including hydrotherapy.

9757 2433



Recreation Sports and Aquatic Club

A wide range of sport and recreation programs for adults and children with disabilities. Also they provide a support group for parents and carers.

9790 5001



Leisure Access | Northcott

Individually planned programs for adults with a disability who have a carer, providing at least one social/recreational outing per month. 8778 2307



Leisure Link | Disability South West Inc

Weekend and/or evening program for young people with a disability and challenging behaviours (12-16).

9821 2811



Leisure Link | Spastic Centre of NSW

Weekend and/or evening program for adults with a disability and challenging behaviours.

Coordinator

8777 1777



Leisure Link | Woodville Community Services

Weekend and/or evening program for people with a disability, focusing on healthy lifestyle and fitness. Also includes recreational activities and allows for social interaction.



Manadala Recreation Program Disability South West Inc Programs for adults with a moderate - severe disability. 9821 2811	
Noah's Ark Toy Library Disability South West Inc Loan toys to families with children 0-5yrs at Liverpool library. 9821 2811	
Peer Support <i>Disability South West Inc</i> Respite/Social activities for adults with an intellectual disability, evenings and weekends. 9610 3727	
YADA Peer Support Young Adults Disabled Association Inc (YADA) Social/Recreational groups for people with a disability (+16 years). Run twice weekly with monthly day trips and yearly trips. Coordinator 9602 7808	E
Neighbour Aid Links Program Catholic Care Volunteer home visiting providing social support to housebound, isolated and lonely older people and people with disabilities. Volunteer Coordinator 8778 4222	BFL
Telecross <i>Red Cross</i> Provides a daily lifeline to the lonely or medically dependent, to ensure their wellbeing and safety. 1800 352 220	BFL
Community Visitors Scheme Catholic Care Social support for frail aged who are socially isolated living in residential care. Volunteer coordineraor 8778 4222	BFL

Bankstown City Outreach Library Service Bankstown City Council Free home library service for people who are housebound or living in residential care. Free bus service available to take people to the library. Outreach Technical Specialist 9707 9733	В
Creating Links Supported Leisure Program Creating Links Supported leisure activities for people aged 12-65 with mild-moderate intellectual disability and low support needs. Support Leisure and Repsite Options 8713 7700	В
Health Ageing Program - Activities Social support Chester Hill Neighbourhood Centre Recreational activities including gentle exercise, art and craft, woodworking, computer classes, swimming, tai chi, walking and groups: Older men, grief, writers, grandparents support and friendship. 9645 3700	В
OWN Bankstown Wellness Centre Older Women's Network NSW Inc Provides a range of acivities for healthy living: gentle exercise (incl. Greek and Arabic), aqua exercise, tai chi, drumming, massage, discussion groups. 9708 2245	В
Stroke Recovery Group Padstow/East Hills 9774 2426	В
Seniors Group For details on seniors group contact the Aged and Disability Officer. 9780 2777	В
Bankstown Vacation Care 9707 1809	В

Chester Hill Vacation Care **9743 8089**



Northcott Out Of School Hours (OOSH) | ADHC Vacation care program for teenagers with disabilities. Coordinator for OOSH and Leisure programs 8778 2307



Housebound Readers Service | *Liverpool City Council*Delivers books to residents who are unable to visit the library due to frail age, chronic illness or disability.

9821 9444



Intellectual Disability Support Group | Warwick Farm Neighbourhood Centre Activities for people with an intellectual disability. 9602 0298



Leisure Link | Macarthur Disability Services
Weekend and/or evening program for adults with a disability
and challenging behaviours.
Recreation Coordinator
4621 8400



Stroke Recovery Group
Support group for stroke survivors and their carers.
9807 6422



Seniors Group

For details on seniors group contact the Aged and Disability Worker. **9821 7759**



Cultural Services

Casula Powerhouse Arts Centre and Liverpool Regional Museum Indigenous community cultural development programs in the arts as well as Indigenous environment programs and services. Both John and Ross run combined cultural programs and tours. **Producer of Creative Cultural Projects**

9824 1121

Community Cultural Development NSW (CCDNSW) Indigenous Program Manager 9821 2210

General services

Gandangara Local Aboriginal Land Council

Not-for-profit Community organisation addressing the cultural, spiritual and economic needs of the local Aboriginal and Torres Strait Islander communities. Services include housing; CDEP; Community Park Rangers; Environmental and Cultural Education. 9822 9370

Lil - Possums | Karitane (Aboriginal Playgroup)

The Aboriginal playgroup meets once a week during school term for 0-5 years olds. *Johnstone Park (Cnr of Queen St and Bransgrove Rd, Revesby). *Little Possums - Tarlington Pde Centre (Bonnyrigg).

Co-ordinator

9754 2655

FB

NSW Tourism, Sport and Recreation

Aboriginal Sport Development Officer Sydney Region 13 13 02

Nanghami Ngallia Aboriginal Corporation

Multicultural Youth Support Project

Support for Koori young people aged 12-24 in the Fairfield and Liverpool LGA's (Local Government Area) through providing (free or) low cost educational, recreational or developmental, as well as initial casework support to them.

Project Worker

9727 0477



Woodville Community Services

Villawood NAIDOC (National Aboriginal and Islander Day Observance Committee) Co-Coordination

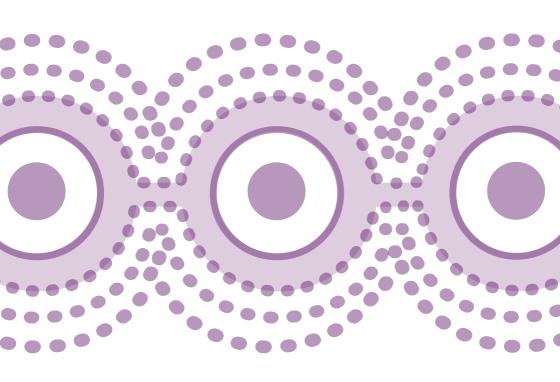
9724 3807



Community First Step

Youth & Disability Manager





Transport...

Aboriginal Community Transport | *Gandangara Local Aboriginal Land Council* Provides transport for Aboriginal frail aged, younger people with a disability and their carers.

Operations Manager

9602 5280



South West Community Transport | South West Community Transport Provides door-to-door wheelchair accessible transport for medical appointments, hospital visits, shopping, social outings. For frail aged & people with disabilities. People need to have a phone assessment before the service can start. Fees are based on distance travelled. 1300 138 794



Travel Training | South West Community Transport Work with individuals to assist them to use a range of transport options available.



1300 138 794

Self Drive Access Project | South West Community Transport
For clients of South West Community Transport using a wheelchair,
needing hoist access & unable to access the 'family' car. Provides
access to Community Transport vehicles after hours.



1300 138 794

Council Community Buses

Community buses, with wheelchair access for local community groups for hire.



Taxi Transport Subsidiary Scheme (TTSS)

Must have a permanent disability.

1800 623 724

BFL

Wheelchair Accessible Taxi's Booking Service

1800 043 187

BFL

Fairfield Private Buses | Westbus Bonnyrigg

Ring Westbus on the morning of your trip to find out which bus routes have accessible buses.

9610 3577

F

Transport Information Line

Information on which stations are wheelchair accessible.

131 500



Bankstown Community Transport

Services include shopping, individual medical transport, individual transport to non-medical appointments and social activities, individual wheelchair transport for medical, social and mini bus shuttle service and monthly outings.

9791 9211

B

Council Community Buses | Liverpool City Council

Community buses, one with wheelchair access for local community groups.

9602 2250



Roads and Traffic Authority

Point of contact for Koori community regarding RTA (Roads and Traffic Authority) operations such as driver licensing, heritage enquiries for roadworks, employment, road safety in community.

Aboriginal Program Consultant



Useful Information.....

National Aboriginal and Islander Resource Centre | Australian Tax Office 13 10 30

BFL

Australian Indigenous Services | State Library of NSW Ronald Briggs Indigenous Services Librarian 9273 1577



Sydney Regional Aboriginal Corporation Legal Service **9824 1589**



Energy and Water Ombudsman NSW **1800 246 545**



Aboriginal Legal Service

Legal advice and court appearance work for families involved with DoCS (Department of Community Services).

9673 6400 (head office)



Centrelink Indigenous Services

Provides assistance in accessing Government Departments, visiting services to Indigenous organisations, information relating to Centrelink services and programs. Ensures customers are receiving correct entitlements.

Indigenous Portfolio Manager

9203 9029

BFL

Centrelink Indigenous Services

Greg Squibb

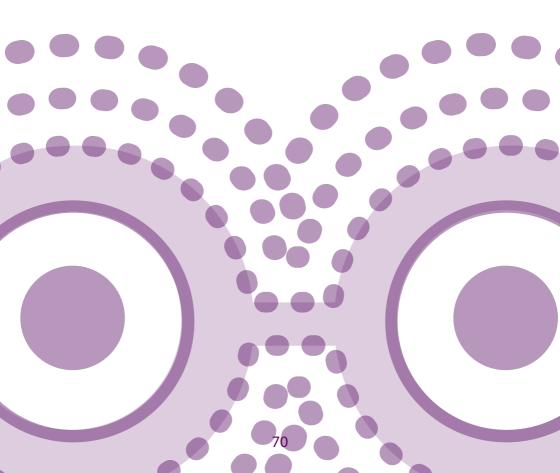
9203 9075

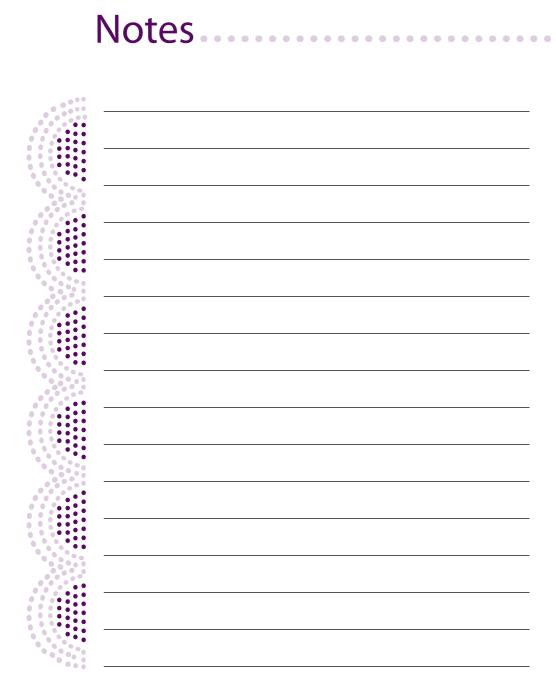
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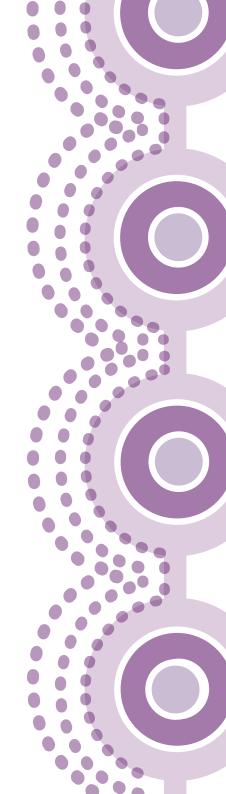
Office of Fair Trading

 $Lisa\ Murphy\ |\ Customer\ Service\ Officer\ (Aboriginal)$

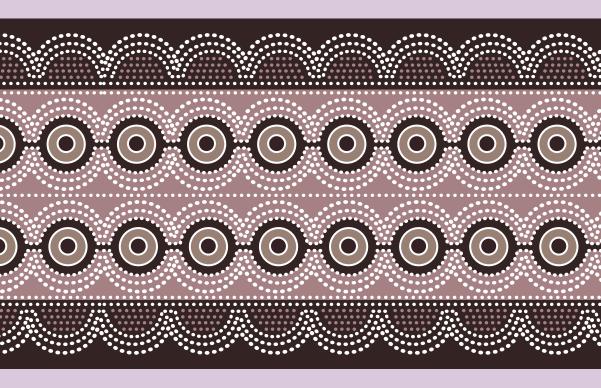












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